

## HIV & AIDS

(Source: <http://mmswiki.is/>)

### **MMS1 Protocol Successful for 800 Persons with HIV.**

I've learned a bit about HIV since I started offering MMS to HIV-positive people. Here in Africa so far I have successfully treated 800 HIV cases during this visit (July 2009 to February 2010). For many AIDS was far advanced. But, you have to look at what I consider "successfully." You see there is no test for checking to see if someone is HIV negative.

All the tests that have been designed have been designed to test for HIV positive. The tests detect antibodies to the HIV virus or they are designed to detect antigens. Antigens are substances that cause the immune system to generate antibodies. Unfortunately both antibodies and antigens will be with you long after the HIV virus is gone, maybe the rest of your life. That's the immune system's job, to protect you from the disease, or from the disease coming back by keeping antibodies available. So the present tests for HIV positive will never work for testing HIV negative.

Ok, so what is a successfully treated HIV person? Well here in Africa we have now come to consider that it is any HIV case that has lost all the various discomforts and symptoms and poor health that a person with AIDS has. In other words when he is healthy again we consider that his treatment has been successful. One other test that we apply, even though most doctors will say, "That doesn't mean anything," is the CD4 count. That is the white blood cells that the immune system uses to kill diseases and other things. If the CD4 count is back up to normal or going up to normal, we consider that a very good indication. The same situation exists for AIDS.

So in my opinion, when someone finishes this latest HIV protocol, I believe that he really is HIV/AIDS negative. So far the people here who have finished this protocol have remained healthy up to 4 months. Someday, they will have a test to prove HIV negative, but there is no such test now. And disgusting as it sounds, there are many false HIV positive tests reported, causing people to waste money and time and distress when it is not necessary, and of course the drug companies could care less as they just make extra money.

All the people treated with this protocol here are happy to be over their bad health, and suffering, and back to their normal lives. On their health sheet under "Other Data," they all write, "Happy." They are not

worried about HIV any more as they feel that should their health deteriorate they will just take some more MMS.

Although the HIV protocol is a bit intense and takes three weeks, it is quite simple. It uses only MMS which is now called MMS1. Out of the entire group of 800 only 40 needed MMS2 because they had cancer, and that was handled too.

### **The New HIV / AIDS Protocol:**

[PROTOCOL 1000](#) is basically taking 3 drops of activated MMS each hour, for 8 hours a day, for 3 weeks. However many people cannot start taking that many drops and should start with only 2 or even 1 drop and hour. This is determined by how sick they are to begin with. If one is feeling very sick then start with 1 drop an hour or even 1/2 drop and hour, but then begin taking more if you feel that you can. The rule is, if you feel that the drops are making you feel worse, take less and if they are not making you feel worse then take a little bit more the next hour, but never more than 3 drops an hour.

The way you accomplish activation can be done in 4 different ways, any one of these methods of activation is acceptable: First, add your number of MMS drops to a clean dry glass, then activate as follows:

(1) (preferred method) add 1 drop of 50% citric acid for each drop of MMS that is in your glass, swirl or shake to mix, wait 20 seconds, add 1/2 to 1 glass of water or juice and drink.

(2) add 5 drops of 10% citric acid for each drop of MMS in the glass, and then shake or swirl to mix, wait 3 minutes, add 1/2 to 1 glass of water or juice and then drink.

(3) add 5 drops of vinegar for each drop of MMS in the glass, shake or swirl to mix, wait 3 minutes, add 1/2 to 1 glass of water or juice and then drink.

(4) add 5 drops of full strength lemon juice for each drop of MMS in the glass, shake or swirl to mix, add 1/2 to 1 glass of water or juice and then drink.

Do not use orange juice. Do not use juices with added vitamin C or ascorbic acid added. Do not use concentrated juices that must have water added to them. Fresh juices are best.

**But if you don't want to make up a single dose each hour, you can make 8 doses in the morning, and keep the solution in a closed container all day.** Just follow the above instructions multiplying all the figures by 8 and then put that liquid in a closed container. Take 1/8th of it each hour. Don't worry the MMS will last hours longer than is needed.

**Now, these are the important instructions you must be sure to follow:** You must not make yourself sicker than you already are: Do not cause yourself a lot of nausea, or pain, or diarrhea. When you notice any of these symptoms coming on take less MMS. Try not to stop taking MMS, just take less. Go from 2 drops an hour of activated MMS to one drop an hour. Or if you are already take only one drop an hour, then take 1/2 drop and hour, or even 1/4 drop an hour. Do not cause yourself diarrhea if you can avoid it by taking less MMS. Pain, diarrhea, nausea and other discomforts cause loss of energy, which in turn causes slower healing and slower recovery. On the other hand try to increase the amount of drops you are taking until you are taking 3 drops an hour, but do not go over 3 drops an hour. **CONTINUE THIS UNTIL YOU ARE WELL.**

If bad nausea persists take as little as 1/4 drop and hour. It's OK to stop until nausea is gone, but a small amount of nausea may continue for some time. Do not let a tiny bit of nausea stop you. Only stop if it gets to be irritating. **NORMALLY VERY LITTLE NAUSEA OR DIARRHEA IS NOTICED, BUT IT DOES HAPPEN.** If you have to go to 1/4 or 1/2 drop for a long time to prevent nausea that is OK but you should then extend your protocol an extra week.

The nausea is caused by killing pathogens as the pathogens dump poison into the system when they die. A normal healthy person notices absolutely nothing from taking a great deal more than 3 drops an hour. The more health problems the more likely you will be to notice nausea. Just handle it as given above and you will be OK.

Normally HIV positive people have what is called opportunity diseases that take over or get started because of the distressed immune system. Evidently the first thing MMS does is to go after those diseases. It provides ammunition to the immune system. The immune system then runs out and kills the pathogens throughout the body.

The reason why hourly doses are required is because HIV is a virus, or, maybe not. I know there are theories that HIV doesn't exist and that AIDS doesn't come from HIV. And the fact is about 50% of the people who have AIDS never were diagnosed with HIV. Fortunately, MMS doesn't care one bit either

way. MMS kills viruses in a different way than bacteria. It prevents the growth of viruses by preventing the formation of the special virus proteins.

However, it has been demonstrated that this takes longer than just blowing a hole in the side of the bacteria. It evidently takes more than 1 or 2 hours. How much longer I am not sure, but the 3 drops hourly for 8 hours per day for 3 weeks seems to work. I couldn't join in the "AIDS-isn't-caused-by-HIV" argument as I am not that smart. All I know is that MMS overcomes AIDS and either it kills HIV or it just kills all the diseases that are present. I believe though that something more than just bad nutrition is responsible for all those opportunistic diseases that seem to occur.

MMS is amazingly fast. How many people do you see losing their diseases and health problems in 3 weeks? Not many. There is no point in using DMSO in this protocol or MMS2 unless some unusual problem is present or comes to light.

As always with love

Jim Humble